

NOP- Karate

The following NOP is based on strict guidance from the Government and the EKF. Ensuring that all activities are planned and delivered in the safest possible way during the COVID-19 pandemic. This overview should be read and followed in conjunction with the generic DSDR Covid-19 guidance, generic SU Covid-19 guidance and the updated activity specific risk assessment.

Test & Trace – Legal Requirement for running an event or activity

To comply with COVID legislation you **must** ensure that you collect the name and contact number of everyone attending your activity (including organisers and staff). **This is a requirement in law and must happen for every event or activity that you run.** This must be done and created via a sign up list using thesubath.com admin tools.

All attendees should receive all these documents prior to their first attendance and watch the video guides online on accessing the Sports Training Village and where relevant, videos on accessing Gym and Pool.

Club and subset activity:	<i>Karate and in-person training</i>
Lead Contact:	<i>Benjamin Martin bjm63@bath.ac.uk 07450071527</i>
Secondary Contact:	<i>Seb Scott ss2767@bath.ac.uk</i>
Facility being used:	<i>Founders Hall, STV Dojo</i>
Session days and times	<i>Monday 17:00-18:45 STV Dojo, Wednesday 20:00-22:00 Founders Hall, Friday 20:30-22:00 STV Dojo, Sunday 14:00-16:00 STV Dojo</i>
Capacity permitted in any one group:	<i>No current limitations on numbers according to EKF guidance</i>
Facility Capacity	<i>No current limit</i>
NGB Phase of return to play these guidelines follow	<i>EKF Phase 1 (and recent update regarding pad work and bare foot training)</i>
NGB Specific instructions being followed	<ul style="list-style-type: none"> • <i>All members and coaches must follow government and EKF guidance. More information can be found here and here This includes, but is not limited to:</i> • <i>Sanitizing hands before and after sessions</i> • <i>Preventing those with COVID-19 symptoms from attending in-person training</i> • <i>Maintaining social distancing at all times when possible and wear a mask if it is not possible</i> • <i>Light pad work only (if individual holding pad wears mask)</i> • <i>Preventing those with COVID-19 symptoms from attending in-person training</i> • <i>Barefoot training can take place</i> • <i>Maintaining social distancing at all times</i> • <i>Risk assessment to be conducted before training which is available to all members</i> • <i>Ensuring all individuals have enough correct space to train</i> • <i>Appointed COVID officer see above for contact details</i> • <i>Not to share drink bottles</i> • <i>Members will follow the University and DSDR Covid guidance</i> • <i>Members will adhere to any facility capacity restriction for the facilities they are using</i>

Equipment provision and use:	<i>Light pad work can occur if cleaning protocols are followed (cleaned after each use) and the individual holding the pad wears a mask. This will only be used to practice punches or kicks, no weapons training.</i>
Equipment cleaning:	All clubs will be provided with sanitising spray to be used to clean equipment before, during and after use. Club Covid-19 leads can request spray(s) from the shift managers in the Sports Training Village and when empty, can request a new supply.

Note

Should your NGB permit a change in return to play phase or you as a club wish to alter the way you deliver within the current phase, a new NOP must be submitted and approved prior to your group providing activity against the new regulations.

Link- Videos for all groups to watch and additional information

<https://www.teambath.com/about/reopening/>

Page contains videos for all customers, users of the gym and users of the pool